

## Where to find food and household item plastic free in Briport & surrounding areas

As part of Bridport Green Fortnight 2018 some members of Transition Town Bridport have suggested some plastic free alternatives, this list may not be exhaustive .  
 This research was carried out between February - April 2018. We cannot guarantee that the information is complete or accurate but should provide a quick guide to encourage us to seek out and ask for plastic free alternatives.

Type	Item	Shop	Notes
Food & Drink	Bread & Rolls	Leakers	Whole loaves in paper bag but sliced in plastic, so request to use your own bag or ask for paper one
Food & Drink	Bread & Rolls	Fruits of the Earth	
Food & Drink	Bread & Rolls	Punch & Judy	Ask for bread in a paper bag (sliced will be in plastic)or request to use your own bag
Food & Drink	Bread & Rolls	Felicity's Farm Shop	
Food & Drink	Bread & Rolls	Home made	DIY Gluten free recipe and other bread recipes available
Food & Drink	Bread & Rolls	Washingpool Farm Shop	Pre ordered plastic free
Food & Drink	Butter	Waitrose	Avoid the plastic tub spreadable butters. Some butter comes wrapped in just paper - Essential Waitrose is one example (250g & 500g sizes).
Food & Drink	Butter	Co-op	Delamere Goats Butter
Food & Drink	Butter	Fruits of the Earth	
Food & Drink	Butter	Modbury Farm Shop	Wrapped just in paper - Maryland Butter
Food & Drink	Butter	Washingpool Farm Shop	Wrapped just in paper - Maryland Butter
Food & Drink	Cereal & Muesli	Fruits of the Earth	Loose oats and dried fruits
Food & Drink	Cereals	Waste Not, Want Not	Welcome to bring your own container to refill
Food & Drink	Cheese	Lime Deli	Cheese counter - ask for no plastic, as can automatically wrap in second layer plastic
Food & Drink	Cheese	Bridget's Market	Cheese counter
Food & Drink	Cheese	Bridport market stall	Italian Cheese
Food & Drink	Cheese	Framptons	Take container or greaseproof paper to wrap item
Food & Drink	Cheese	Rawles	Take container or greaseproof paper to wrap item
Food & Drink	Cheese	Real Food Van (market)	Home made halloumi cheese - return the jar
Food & Drink	Cheese	Waitrose counter	Take container or greaseproof paper to wrap item
Food & Drink	Cheese	Washingpool Farm Shop	Godminster organic Brie
Food & Drink	Chicken	RJ Balson & Son	Take container or request for it to be wrapped in paper
Food & Drink	Chicken	Framptons	Take container or greaseproof paper to wrap item
Food & Drink	Chicken	Rawles	Take container or greaseproof paper to wrap item
Food & Drink	Coconut oil	Bridport health food shops	In glass jars as alternative to plastic ones
Food & Drink	Cream Cheese	Waitrose	Luxury cream cheese in paper tubs with foil

Type	Item	Shop	Notes
Food & Drink	Dried fruit	Fruits of the Earth	Sold loose, also in compostable cellophane
Food & Drink	Dried fruit	Waste Not, Want Not	Welcome to bring your own container to refill
Food & Drink	Drinks	Fruits of the Earth	Still & sparkling water in glass for example
Food & Drink	Fruit	Modbury Farm Shop	Loose, weigh out using old fashioned scales
Food & Drink	Fruit	Washingpool Farm Shop	
Food & Drink	Fruit	Farmers Market	
Food & Drink	Fruit	Bridport market stalls	
Food & Drink	Fruit	Nina's	
Food & Drink	Fruit	Bridget's Market	
Food & Drink	Fruit squashes and drinks	Washingpool Farm Shop	Sold in glass bottles
Food & Drink	Fruit squashes and drinks	Bella's	Sold in glass bottles
Food & Drink	Fruit drinks	Felicity's Farm Shop	Sold in glass bottles
Food & Drink	Fruit	Fruits of the Earth	
Food & Drink	Eggs	Bridport market stall	
Food & Drink	Eggs	Nina's	
Food & Drink	Eggs	WI Market	
Food & Drink	Eggs	Washingpool Farm Shop	
Food & Drink	Eggs	Modbury Farm Shop	
Food & Drink	Eggs	Fruits of the Earth	
Food & Drink	Eggs	Rawles	
Food & Drink	Eggs	Five Penny Farm Market stall	
Food & Drink	Eggs	Market stalls	
Food & Drink	Eggs	RJ Balson & Son	
Food & Drink	Fish	Samways Fish Shop	Wrapped in paper and biodegradable bags- can bring own bags or container
Food & Drink	Fish	Waitrose counter	take own container
Food & Drink	Frozen fruit & Veg loose	Felicity's Farm Shop	Can bring own bag
Food & Drink	Frozen uncooked croissants/pain du choclat	Felicity's Farm Shop	Can bring own bag
Food & Drink	Herbs dried	Fruits of the Earth	Take in herb jar to refill
Food & Drink	Herbs dried	Health Food shop	
Food & Drink	Herbs dried	Waste Not, Want Not	Welcome to bring your own container to refill
Food & Drink	Honey	Health Food shop	Local honey in glass jars
Food & Drink	Honey	Washingpool Farm Shop	
Food & Drink	Honey	Market stalls	Local honey in glass jars
Food & Drink	Ice-cream	Washingpool Farm Shop	Rookbeare Aristan ice -cream
Food & Drink	Lasagne sheets dried	All supermarkets	Usually sold in box without plastic
Food & Drink	Meat: chorizo, salami	Waitrose	Ask to have in paper bag some on cheese counter)

Type	Item	Shop	Notes
Food & Drink	Meat: cooked baked ham/pork pies, pasties	RJ Balson & Son	Take container or greaseproof paper to wrap item
Food & Drink	Meat: cooked baked ham/pork pies, pasties	Framptons	Take container or greaseproof paper to wrap item
Food & Drink	Meat: fresh	RJ Balson & Son	Take container or ask for item to be wrapped in paper
Food & Drink	Meat: fresh	Framptons	Take container or greaseproof paper to wrap item
Food & Drink	Meat: fresh	Rawles	Take container or greaseproof paper to wrap item
Food & Drink	Meat: fresh	Lower Haewood Farm	Meat boxes - how packaged?
Food & Drink	Milk in bottles	Hangers Dairy	Delivered in bottles (not local milk)
Food & Drink	Milk in bottles	Washingpool Farm Shop	Sell Hangers milk in bottles
Food & Drink	Milk in bottles	Felicity's Farm Shop	Sell Hangers milk in bottles
Food & Drink	Milk in bottles	Naturalife	Sell Hangers milk in bottles
Food & Drink	Milk in bottles	Five Penny Farm Market stall	Will be producing raw milk and cheese products soon
Food & Drink	Milk - Hemp alternative		Make own very easy, and no tetra-pack! (see under hemp)
Food & Drink	Milk - Nut alternatives		Make own
Food & Drink	Milk- Oat Milk		Make own
Food & Drink	Nuts	Fruits of the Earth	
Food & Drink	Nuts	Waste Not, Want Not	Welcome to bring your own container to refill
Food & Drink	Nuts	Lidl	Serve your own -Salted cashews, almonds, pistachios take own bag
Food & Drink	Olive oil refill	Nina's	
Food & Drink	Olive oil refill	Fruits of the Earth	
Food & Drink	Olives marinated	Bridport Market stall	Saturdays bring your own container
Food & Drink	Olives marinated	Washingpool Farm Shop	Welcome to bring your own container
Food & Drink	Pate - Venison	Felicity's Farm Shop	
Food & Drink	Pies	RJ Balson & Son	
Food & Drink	Pies	Framptons	
Food & Drink	Pasta	Fruits of the Earth	Some pasta in boxes (though small plastic window!)
Food & Drink	Potatoes	Nina's	Large paper sack 25kg
Food & Drink	Potatoes	Bridget's Market	Loose and large paper sack
Food & Drink	Potatoes	RJ Balson & Son	Large paper sack
Food & Drink	Potatoes	Felicity's Farm Shop	
Food & Drink	Potatoes	Fruits of the Earth	
Food & Drink	Potatoes	Modbury Farm Shop	Loose, weigh out using old fashioned scales
Food & Drink	Potatoes	Tamarisk Farm	Tuesday 4pm-6pm & Friday 10am-12pm
Food & Drink	Potatoes	Bothen Hill	Farm boxes, buy direct from farm on Fri am or at monthly Farmers market
Food & Drink	Potatoes	Washingpool Farm Shop	
Food & Drink	Pulses	Fruits of the Earth	Packed in biodegradable cellophane
Food & Drink	Pulses	Waste Not, Want Not	Welcome to bring your own container to refill

Type	Item	Shop	Notes
Food & Drink	Quiche	Waitrose	Waitrose own quiche in foil & paper
Food & Drink	Rice	Fruits of the Earth	
Food & Drink	Salads prepared	Tamarisk Farm	Tuesday 4pm-6pm & Friday 10am-12pm
Food & Drink	Salt, Rock salt	Waitrose	Tidman's Rock Salt in cardboard box
Food & Drink	Salt, Rock salt	Morrison's	Tidman's Rock Salt in cardboard box
	Salt	Fruits of the Earth	Coarse and fine sea salt in cardboard
Food & Drink	Seeds	Fruits of the Earth	Ask to have container refilled
Food & Drink	Seeds - whole hemp	Fruits of the Earth	Make your own hemp milk
Food & Drink	Snacks	Fruits of the Earth	Various choices - cellophane wrapped e.g. choc covered nuts, dried fruits, Bombay mix etc. Also smoked or salted cashews loose.
Food & Drink	Spices	Fruits of the Earth	Take in spice jar to refill
Food & Drink	Spices	Waste Not, Want Not	Welcome to bring your own container to refill
Food & Drink	Sugar	Fruits of the Earth	Sold in compostable cellophane packaging
Food & Drink	Sugar	Supermarkets	Buy in paper - buy fair trade or Silver Spoon (UK sugar)
Food & Drink	Tea - Pukka	Naturalife	Plastic free tea bags
Food & Drink	Tea - Pukka	Supermarkets	Plastic free tea bags
Food & Drink	Tea loose	Fruits of the Earth	Includes packets of Dorset ChaiWallah tea
Food & Drink	Water	Bella's	Sold in small glass bottles
Food & Drink	Vegetables	Nina's	
Food & Drink	Vegetables	Bridget's Market	
Food & Drink	Vegetables	Felicity's Farm Shop	
Food & Drink	Vegetables	Farmers market	
Food & Drink	Vegetables	Modbury Farm Shop	Loose, weigh out using old fashioned scales
Food & Drink	Vegetables	Washingpool Farm Shop	
Food & Drink	Vegetables	Fruits of the Earth	Fresh, but also frozen veg in boxes e.g. sweetcorn and peas etc.
Food & Drink	Vegetables	Tamarisk Farm	Tuesday 4pm-6pm & Friday 10am-12pm
Food & Drink	Vegetables	Bothen Hill	Farm boxes, buy direct from farm on Fri am take shopping bag.
Food & Drink	Vegetables	Morrison's	Happy to use your own bag for loose fruit & veg
Food & Drink	Vegetables	Southern Root Organics	CSA Veg boxes (collection point in Bridport)(mostly plastic free, and aiming to go fully plastic free 2018)
Food & Drink	Vegetables	Real Food Van	
Food & Drink	Vegetarian / Vegan	Fruits of the Earth	Vegetarian sausages and pies in boxes, sosmix sausage mix, vegetarian slices in fridge, falafel not packaged, nut rissoles
Food & Drink	Yeast: dried	Supermarkets	Use tin rather than individual sachets
Food & Drink	Yeast: fresh	Leakers	Ask for it in paper bag
Food & Drink	Yogurt	Washingpool Farm Shop	River Cottage yogurts
Food & Drink	Yogurt	Felicity's Farm Shop	River Cottage yogurts & Language Farm
Food & Drink	Yogurt	Real Food Van (market)	Buy yogurt in jars - return jars